



**Contents and subjects two year Professional Colorpuncture training.**

**There are 12 Modules of two days each, so altogether 24 days.**

**Dates for the full trainings.**

**ADVANCED, SECOND YEAR TRAINING: 2024 | 2025 | 2026**

Module 7: Fri/Sat October 3 and 4, 2025  
Module 8: Fri/Sat December 5 and 6, 2025  
Module 9: Fri/Sat January 30 and 31, 2026  
Module 10: Fr/Sat March 10 and 11, 2026  
Module 11: Fri/Sat April 17 and 18, 2026  
Module 12: Fri/Sat June 12 and 13, 2026

**BASIC, FIRST YEAR TRAINING: 2025 | 2026 | 2027**

Module 1: Fri/Sat August 29 and 30, 2025  
Module 2: Fri/Sat October 31<sup>st</sup> and November 1<sup>st</sup>, 2025  
Module 3: Thursday and Friday January 8 and 9, 2026  
Module 4: Fr/Sat February 20 and 21, 2026  
Module 5: Fri/Sat May 22 and 23, 2026  
Module 6: Fri/Sat June 19 and 20, 2026

The dates for SECOND YEAR of this training are to be decided yet and will be in communication with the participants.

**All times class times: 9.30 am - 5 pm, Netherlands time zone (CET)**

**CONTENT**

**YEAR 1: BASIC COLORPUNCTURE TRAINING**

**Module 1: Introduction and analysis**

**Dates: Fri/Sat August 29 and 30, 2025**

Theory of the Esogetic Model

- Meaning and indication of colors: spectral, soul-spirit, gray, UV & IR color frequency
- Therapeutic media of Esogetic colorpuncture: piezo, crystals, sound therapies, etc
- Tools and treatments for analysis options in Esogetic colorpuncture: an overview and instruction in the micro systems for energetic/informational assessment: tongue analysis, facial physiognomy, iris/eye analysis, body segment and point palpation methods, brainwave/meridian analysis.
- Treatments and principle of coordination.
- Therapies with the Esogetic Wildcrafted Herbal Oil relax and sleep support

**If you want to participate only in the first part, that is fine too. Price for this: € 245,00.**

**Module 2: The Endocrine Pattern**

**Dates: Fri/Sat October 31<sup>st</sup> and November 1<sup>st</sup>, 2025**

Here we make an assessment of the Esogetic "endocrine state" as identified based on Mandel's

Kirlian EEA research, as well as instruction/practice of the endocrine therapies.

Treatments for:

- Fear, unrest, cramps, sleep problems, hormonal complaints such as menstruation problems, infertility, menopausal symptoms, burn-out, Thyroid disorders, memory, learning and concentration problems.
- Practical exercises
- Overview of main acupuncture points of the ear and their colors
- Overview of meridians and key points

### **Module 3: Lymphatic Issues & Toxic Pattern**

**Dates: Thursday and Friday January 8 and 9, 2026**

This section of the professional certification training addresses the in-depth assessment of the Esogetic "toxic pattern." The role of the lymphatic system as a psychological buffer in the body is explored. Instruction/practice of the basic and advanced toxic (or lymphatic) colorpuncture therapies is provided, including Esogetic treatments for pain relief.

Therapies for:

- Aggressive and inflammatory conditions. Tonsillitis, chronic cavity problems or inflammation of the ears. Strengthening immune system treatments.
- Treatments to detoxify via kidneys, liver and drainage points of the lymph.
- Treatments for pain: headache, joint pain, back pain
- Case-specific toxic pattern.
- Introduction to crystal therapy by Peter Mandel
- Practical exercises

### **Module 4: Degenerative Pattern**

**Dates: Fr/Sat February 20 and 21, 2026**

The in-depth assessment of the Esogetic "degenerative pattern" is addressed, as well as instruction/practice of the first portion of degenerative therapies.

Basic pattern of rigidity

- .Connective tissue and nervous system and serious diseases
- .Reaction test of the third basic pattern: movement in tissues and organs
- .Basic treatment for serious conditions
- .Treatments for rheumatism, arthritis, nervous system disorders.
- .Connective tissue problems and solutions
- .Pancreas disorders: diabetes.
- .The points and colors of the temperaments
- .The Vogler and pancreas cross
- .Coordination treatments for breaking down stagnation
- .Case studies of serious diseases and practical exercise

### **Module 5: Function circles**

**Dates: Fri/Sat May 22 and 23, 2026**

The Function Circles or paired meridians: diagnostic assessment and treatment protocols. These include treatments related to the teeth/meridian points.

Recognition, analysis and therapy of the five elements

- .The five function circles: five elements according to the Esogetics
- .The twelve levels of the function circles: organs, tissue, teeth, muscles, main cavities, lymph, essence, mental, brain, spine, sense, function image
- .Function circle kidney / bladder
- .Function circle liver / gallbladder
- .Function circle lungs / large intestine
- .Function circle stomach / spleen - pancreas
- .Function circle heart / small intestine
- .Connection spine and function circles
- .Treatments and order for the function circle therapy

.Case studies and practical exercises

### **Module 6: Conflict Resolution 1**

**Dates: Fri/Sat June 19 and 20, 2026**

Finally, an in-depth discussion of the Ether principle is provided, as well as instruction/practice of "Ether" therapies, such as advanced therapies for Conflict Resolution and Prenatal issues.

Recognition, analysis and therapy of and for conflict resolution- ether therapies.

Coherence of basic patterns: hormonal disruption, toxic / immune system or stagnation and the individual conflict

The levels of conflict resolution

Examination of prenatal burdens and birth traumas

Treatments of the central and autonomic nervous system on the sole of the foot

The information points on the skull

The preparatory conflict resolution treatments

The prenatal therapy

The small conflict resolution treatment

The 'father and mother' or 'male and female principle'

The OGT conflict resolution treatments

The face mask

Case study conflict resolution and practical exercises

## **YEAR 2: ADVANCED COLORPUNCTURE TRAINING**

### **Module 7: Disease principles and elements Fire, Earth, Air, Water**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fri/Sat October 3 and 4, 2025**

The four disease principles: Fire, Earth, Air and Water

Peter Mandel has been studying the symbolism of the elements (or temperaments) for more than thirty-five years. He calls these disease principles. You will get therapies designed to regulate the psycho-spiritual backgrounds of these disease patterns. This category includes therapies for regulating negative imprinting from parental figures.

Treatments:

.The twelve central positions on the skull

.The twelve disease principles on the pain clock and the pain grid: pain relief treatments

.The principle of the grid on the face: facial reflex zone analysis and treatment

.The information levels: eliminate energy stagnation from and via the spine

.The six regions in the ophtalmotrope-genetic therapy OGT field according to Mw Magdalena

Madaus (iriscopy). The genetic reflexes are based on the current topography from the iris analysis.

.The transfer of the organ and system areas to the OGT fields on the forehead is the method to bridge the theory of iridology and treatment options with color and light.

.Case of disease principles and practical exercises

### **Module 8 Conflict Resolution 2**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fri/Sat December 5 and 6, 2025**

In conflict stress and illness, two components - body and mind - are no longer aligned, ie the hardware (body) and software (mind) are not 'compatible'. In order to let the sick person become healthy again, the connection between body and mind must be restored. By solving the communication problem, a functional connection between the body and the mind is created. The result is a pure well-being.

Content:

.Consistency of the basic patterns and the individual conflict

.The memory points of the Esogetic color puncture

.The points and treatment of hippocampus and amygdala - recovery of memory, also to be used in old age complaints

- .Conflict resolution treatments at the level of the cause
- .Bardo prenatal treatments (also to be used for guidance in the death process)
- .Ancestor treatments: treatments for trauma patterns inherited from generations back
- .Conflict resolution treatments at the level of the action
- .Treatments for systemic diseases
- .Conflict resolution treatments at the level of the consequence
- .Treatments for cancer and AIDS
- .Case conflict resolution and practical exercises

### **Module 9: Analysis, pathology and therapy for the element Fire**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fri/Sat January 30 and 31, 2026**

Peter Mandel says about this: "Symbolically the fire burns in the middle of our hearts. According to the chakra doctrine, the heart was once in the middle of our chest cavity. Old traditions also describe this. They spoke of the 'fire of love' or of the 'fire of inspiration', when one actively expresses feelings.

Content:

.The Chinese skull acupuncture with color and light

Treatments for:

- .Speech, language, hearing
- .Eye and ear disorders
- .Sensory organs
- .Diseases of the mouth and of the teeth
- .Rebuilding of physical strength, eg after illness
- .Migraine
- .The spine and the pelvis
- .Heart diseases, including high and low blood pressure
- .Circulatory disorders
- .Cardiac arrhythmia
- .Thyroid disorders
- .Sciatica
- .Liver and gallbladder disorders
- .Sleep problems, recovery melatonin production of pineal gland
- .Allergy treatments

### **Module 10: Analysis, pathology and therapy for the element Earth**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fr/Sat March 10 and 11, 2026**

Peter Mandel says about this: "The element of earth is produced by fire, water and air. Gaia, the earth, is a living organism, perfected by the spherical shape that we can see from space. The guardians of the earth are the creators of it: fire from within, water on the surface and the atmosphere (air) that envelops the planet. The union of the four elements is clearly visible to the outside world: the miraculous nature of 'mother earth'. Slowly, but persistently, the 'earth element' is just like the time that, unlike us humans, is thoughtful and patient when it comes to harmonizing irregularities".

Content:

Treatments for:

- .Jaws, lips, teeth and molars
- .Lymphatic system
- .Diseases and diseases of the nose (smell), mouth (taste)
- .Neck, shoulder and elbow problems
- .Constipation
- .Adiposity / obesity
- .Skeleton, spine and joint complaints
- .The four lifestreams: restoring vitality and regeneration
- .Irritable bowel syndrome

- . Ulcerative colitis, Crohn's disease
- .Rheumatic symptoms and diseases
- .General pain relief bones and joints

### **Module 11: Analysis, pathology and therapy for the element Air**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fri/Sat April 17 and 18, 2026**

Peter Mandel says about this: "Fire and water, the first two primeval elements, bring forth the third element, the air, through their meeting. Like no other element, the air connects the outside with the interior. At our birth, the shell breaks around us: the amniotic sac. We are expelled from the water to connect with the element of air via the first breath. Now the air element connects the outside with the interior. "

Content:

Treatments for

- .Arms and hands
- .Arthritis of the cervical spine with radiation to the head and shoulders
- .Basic treatment of lungs and bronchi
- .Basic therapy for ear diseases and ear disorders, including tinnitus
- .pelvic area, kidneys and bladder
- .Therapeutic options for systemic diseases
- .Complaints of feet and legs
- .Parkinson syndrome

### **Module 12: Analysis, pathology and therapy for the element Water**

**Dates ADVANCED TRAINING 2024 | 2025 | 2026: Fri/Sat June 12 and 13, 2026**

Peter Mandel says: "New life starts in the water, that is why this element symbolizes the maternal / feminine principle. Water symbolizes the flow of our feeling and the ability to adapt. It can adjust exceptionally well to all forms and is satisfied with all forms. All the deep feelings we can experience arise from the element of water".

Content:

Treatments for:

- .Territory conflicts and themes
- .Disorders and complaints of the breasts
- .Harmonization psyche
- .Stomach complaints
- .Birth traumas
- .Treatments for addictions: smoking, drinking, eating
- .Restore the "inner life clock" in the broadest sense
- .High sensitivity (problems and harmonization).

**Price:** € 2940,00 for the full training. Each module separate € 265,00

**Included are: Official Colorpuncture Workbooks in English**

If you are Dutch and you want to participate: you can also receive the workbook in Dutch.

**The latest date** one can register is 10 days before the start of the training.

Please consider earlier registration, since the training at that point might be full.

#### **How to register:**

Please send us your details:

Name.....

Address.....

Country.....

Profession.....

by e-mail: to [praveeta@kleurenpunctuur.nl](mailto:praveeta@kleurenpunctuur.nl)

### **About Praveeta**

Praveeta Timmerman was trained in Esogetic Colorpuncture and Kirlian Photography, a.o. at the Mandel Institute of Esogetic Medicine in Bruchsal, Germany and at the International Osho Meditation Resort, Pune, India. For 30 years she has had a practice in light and color therapy in Amsterdam, Netherlands, where she founded the Instituut voor Kleurenpunctuur. In the beginning of 2024, she moved to the Dutch countryside from where she now offers online workshops and trainings in colorpuncture.

She works under the supervision and approval of the International Mandel Institute in Germany and is author of the book "[The Healing Power of Light and Color. A Practical Guide to Colorpuncture](#)". Praveeta also facilitated the English version of Peter Mandel's book "[Sleep yourself fit! With color, sound and herbal oil](#)"



Please contact me for more information at: [praveeta@kleurenpunctuur.nl](mailto:praveeta@kleurenpunctuur.nl)